

# DIRECTIONS

## FROM BREWSTER

Head North on HWY 97 for 54.6 miles, you will come into Tonasket and take a left onto 1st Street, the entrance will be on your left.

## FROM OROVILLE

Head South on HWY 97 for 16.8 miles, you will come into Tonasket and take a right on 1st Street, and the entrance will be on your left.

## FROM REPUBLIC

Head West on HWY 20 towards Tonasket for about 40 miles, turn right on Whitcomb Ave for .3 miles, turn left onto 1st Street and the entrance will be on your left.

## SCHEDULE A TOUR!

JUST CALL

**BILL COLOMB,  
SOCIAL SERVICES**

509-486-3198

OR

**LINDA HOLDEN,  
DIRECTOR OF NURSING**

509-486-3147

## OUR MISSION

“PROVIDE OUTSTANDING CARE,  
BOTH PROFESSIONAL &  
COMPASSIONATE, WITH  
COMMUNITY TRUST.”

## OUR VALUES

INTEGRITY ~ COMPASSION ~ SAFETY  
RESPECT ~ TEAMWORK  
HOSPITALITY ~ COMMITMENT



**North Valley Extended Care**  
A Division of North Valley Hospital  
22 West 1st Street  
Tonasket, WA 98855  
PH: 509-486-3110  
Fax: 509-486-3103  
[www.nvhospital.org](http://www.nvhospital.org)



# NORTH VALLEY EXTENDED CARE



**North Valley Hospital**

*“Growing Healthcare Close to Home”*

# OVERVIEW



North Valley Extended Care is a 58 bed, Medicare-certified skilled nursing care facility and rehabilitation. North Valley is dedicated to offering the highest quality care, in a clean and comforting environment. We also provide our residents with a wide array of clinical services, as well as a comprehensive rehabilitation services. We now have a contract with the VA for those who meet their criteria.

North Valley Extended Care is known for its superior care, and we are committed to continually improving the quality of life for our residents. At our extended care facility, our staff

## OUR STAFF

Our team includes registered nurses, nursing assistants, rehab therapists, certified therapeutic recreational therapist, social worker, activities staff, and registered dietician.

## EXTENDED CARE SERVICES

The North Valley Extended Care services include:

- 24-hour skilled nursing care
- Physician services
- Physical therapy
- Speech therapy
- Occupational therapy
- Massage therapy
- Restorative programs
- Certified nursing assistants
- Full-time social worker
- Therapeutic recreation
- Post surgical care
- Respite care
- Diabetic management
- Enteral feeding
- Pain management
- Pharmacy services
- Hospice
- Wound management
- Access to a Podiatrist and Orthopedist

## AMENITIES

Our Extended Care facility offers our residents a place to recover and reside in a home like atmosphere. NVEC rooms are double occupancy, with private bathrooms, basic cable TV, and our residents are welcome to personalize their room. We also have a beauty/barber shop for your convenience. We are a pet friendly facility, and have a lovely enclosed wheelchair accessible courtyard with a gazebo great for relaxation.

We have two dining rooms, one for residents who require supervised feedings, and a Dining Lounge for the more independent residents. We have a registered dietician who works closely with the healthcare providers to customize meals.



## RESIDENT ACTIVITIES

We have a full-time Recreational Therapist who is responsible for providing engaging activities for our residents, that are focused around improving quality of life, and assist in the rehabilitation process.

These activities include:

- Nintendo Wii Games
- Bingo
- Cookie Corner
- Story Time
- Current Events
- Community Guests
- Volunteers
- Beauty Tips
- Exercise Classes
- Rehabilitation
- Ladies' Group
- Men's Group
- Church
- Bible Study

## SOCIAL SERVICES

Our Social Services include:

- Financial & insurance assistance
- Psychosocial needs
- Community Services
- Discharge planning to help transition you back to the community